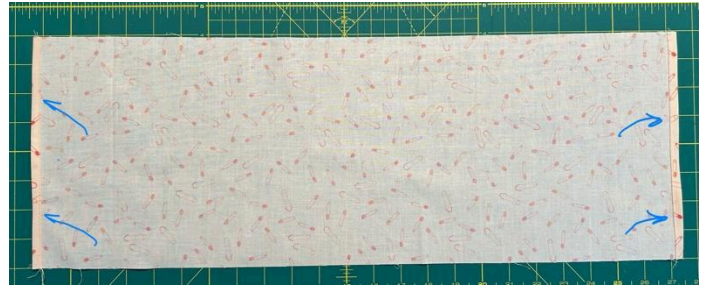


NICU Pillowcase Pattern

The instructions below are for the smaller of two sizes requested by the Women and Babies Hospital, Lancaster. Please use only 100% quilt shop quality cotton for these pillowcases—**no flannel or fleece**.

- 1) Cut a rectangle measuring 9" x 25" and turn under a quarter inch of fabric two times on the raw edges at either end of the rectangle.



- 2) Fold the rectangle in half the long way, matching **wrong sides** of the fabric to each other. Slide the top side down 2.5," then sew a **1/4" seam** along both long edges. Trim the lower two corners to eliminate bulk, then turn the pillowcase inside out and press both newly stitched sides.



- 3) Fold the top flap inside the pressed case and then stitch down the long sides again **using a 3/8" seam allowance**. This will create a finished, French, seam as well as a flap that can be folded over the gel pack.

